

## **Patient Information for Arestin® Periodontal Treatment**

**What is it?** Arestin is a bioresorbable gel containing minocycline (a tetracycline derivative) microspheres. It has been FDA approved for treatment of gum disease after a deep cleaning procedure known as scaling and root planning or during periodontal maintenance visits.

**How does it work on gum disease?** When placed in a periodontal pocket, Arestin maintains a high-level of antibiotic right at the gum disease site without exposing the rest of the body to antibiotics. This allows treatment using one-hundredth the usual pill-form dose. It directly fights the gum disease infection for 14 days.

**Areas treated & Date** \_\_\_\_\_

## **Arestin® Instructions**

**Don't Touch.** Avoid touching areas of your gums that your hygienist has treated. Wait To Brush. Wait 12 hours after your treatment with Arestin® before brushing the teeth which have been treated.

**Wait To Floss.** Do not floss or use toothpicks or any other devices that clean between those teeth that were treated for 10 days.

**Avoid Eating Hard, Crunchy, or Sticky Foods for 1 week after treatment.**

**Always Follow Up.** Because the bacteria that cause periodontal disease are persistent, the infection can return. Please be sure to make follow-up appointments with your dental hygienist to maintain healthy gums and teeth.

**Keep Your Scheduled Appointments.** It is important to keep all of your dental appointments so that your dental hygienist can reexamine your gums, make sure the infection is under control, and measure the success of your treatment.